



Probiotic Supplements

ENHANCE YOUR DIGESTIVE SYSTEM FUNCTION AND OVERALL WELLBEING

Probiotics are made up of a genus, species and a strain. Particular strains exert different effects within the body making them beneficial in helping with specific health concerns.

Not all are created equal

Lactobacillus acidophilus (NCFM)

A great everyday Probiotic to maintain balance, particularly useful following antibiotic treatment.

Bifidobacterium lactis (Bi-07)

Well-suited for intestinal survival, supporting balanced and healthy immune system function

Lactobacillus rhamnosus GG (LGG®)

Helps to decrease the risk of stomach upset, including diarrhoea. It can also help decrease developing eczema and other atopic conditions, including alleviating symptoms of allergies and eczema.

Lactobacillus plantarum 299v

Assists in managing the symptoms of irritable bowel syndrome and other inflammatory bowel disorders.

